



Varsity Head Coach: Todd Sweeda
Varsity Assistant Coach: Erle Gilbertson
Varsity Assistant Coach: Matt Bohnert
JV Head Coach: Mike Garcia
JV Assistant Coach: Nagui Sabbagh

tsweeda@susd.org

mbohnert@susd.org

mgarcia@susd.org

nsabbagh@susd.org

The following items are in place to make you a better person and to promote the image of our SOFTBALL FAMILY. If upon making the team, you cannot follow these Team Expectations, you will be disciplined and/or dismissed. High school athletics are a privilege and not a requirement. You are not entitled to be in this program just by being a Saguaro Student. **You will earn your spot through commitment, conduct, behavior, attitude, athleticism and ability. Being a part of this family will require a large amount of your time, but when you look back on this experience you will be glad you participated. Upon graduating High School, 99% of my former players said, "Softball was the best thing about high school. "**

Team Expectations

In addition to the requirements and consequences set forth in the SUSD Student Code of Conduct and the Arizona Interscholastic Association (AIA) regulations, all student athletes are responsible for adhering to the following training rules listed below. These rules apply on or off campus during the season of sport.

1. **Student Conduct:** A player must be a positive representative of the school at all times, must be courteous to coaches, teachers, students, fellow athletes and adults. Athletes will not be disruptive, insubordinate or disrespectful to coaches, teachers, staff, students, teammates or officials.
2. **Behavior and Attitude:** A player may be dropped from the team at anytime the coach believes her attitude and/or behavior is detrimental to the team or the coach may take any reasonable action to see that any infractions of the above do not reoccur.
3. Be Coachable, Accept your Role (if you don't like it, work hard to try and change it), Abide by Team "SABERCAT" rules. Have an open mind and enjoy the experience!



Commitment: High school sports provide a great experience for young adults. Commitment and dedication to the program is expected. Players making the team will be at all practices, games and tournaments. Please plan trips, appointments and activities around softball. Players making varsity will practice over spring break have longer practices, practice on Saturdays and have a more rigorous season.

Level of Play: JV and Varsity are equally important to our SOFTBALL FAMILY. Movement from one level to the other may be necessary throughout the season.

Grades: You are a student first, athlete second. Hard work in the classroom is expected. If extra help is needed, see your teacher and your coach about possible solutions. You must be passing all classes to play. If you are failing a class during a progress report, you will be ineligible to play for three weeks. Don't put yourself or your team in this situation. Communicate with your teachers regularly about missing work.

Travel: All players will travel on the bus to and from games.

Varsity Captains: The coaches will assign varsity captains at the beginning of the season. Their responsibilities will include: arriving early, staying late, delegating job responsibilities, resolving conflicts, setup/cleanup, team chemistry and being a leader/ role model. These are just a few of the many responsibilities a captain will have.

Conflict Resolutions: If a player has a concern, they are encouraged to first go to a captain then a coach. If the problem cannot be resolved or they feel the need to talk to a coach, they can do so at anytime. Communication is the key to a team chemistry and team success.

Playing Time/ Position: An appointment can be made with the coaching staff during the season if a player or a parent wants to discuss playing time or position. The coaching staff will listen to a player and/or parent concerns, but playing time and position will always be the sole discretion of the coach. Some factors that may improve a player's playing time are: attitude, effort, dedication, adherence to team rules, athleticism and softball experience out the high school season.

Games: Parents are encouraged to attend all games. However, there will be no conversations prior to, during, or immediately following the games with players or coaches. Appointments with any or all coaches may be made during the season.

Parent Involvement: Parent involvement is a key factor in building a successful program. We encourage all parents to be involved in fundraising and attending games. Please contact a booster member for more information.

-----**Cut here and turn in UPON MAKING THE TEAM**-----

I have read and understand all of the team expectations.

PLAYER: _____ Date: _____

PARENT _____ Date: _____